



HILLTOP NEWS

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Welcome!

Welcome to Hilltop Christian Nursery School. We're excited about the thought of getting to know you and your child. We feel that each child is a unique gift from God and our goal is to help your child to know that too!

We have already spent so much time preparing for your little ones, and we hope to have a great beginning to the school year. Each month we will send home a newsletter to inform you of events that will be occurring in the coming month. We also use this newsletter as a means to share any news items from the different classes. However, the main way of communicating with all of you is through our weekly email system. You'll receive an email from Miss Becky once a week about important upcoming events. **Be sure your correct email is registered in the office or you'll be missing out on a lot of important school information.**

Themes

Our 3-year-olds will be learning "I am Special." Their Bible verse for the month is "I am wonderfully made." Psalm 139:14. The 4-year-olds will be learning about their five senses, self-awareness, and feelings. Their Bible verse will also be Psalm 139:14, but an extended version "I will give thanks to you for I am wonderfully made." The color of the month is blue. Each teacher will send home information in a weekly/biweekly newsletter which will provide detailed information about each classroom. Please be sure to take time to read each newsletter as it contains important information about Hilltop and your child's classroom.

All of our classes will be working on the skills needed to adjust to school and the new surroundings. We want the children to know that God has made each and every one of them extra special. He loves them and so do we!! Thank you for allowing us the privilege to be a part of their young lives.

Security Reminders

Hilltop Christian Nursery School parents must enter the preschool through the doors of the nursery school at Hilltop's entrance (from the back parking lot). Please do not attempt to enter Hilltop from our exit—and definitely do not allow others to enter this way. We need to know who is in our building at all times to keep your child, other children, and our staff safe.

In addition, we need to ensure that everyone who is entering Hilltop is wearing a mask and has completed the necessary health screenings before proceeding. During Hilltop's hours of operation the doors that access the building will be locked. During arrival times a greeter will be available to allow parents access to the nursery school wing (after the appropriate health screenings are completed). Please make every effort to observe Hilltop's "One-Way" rule upon entering and leaving the building. Parents who arrive while classes are in session may be admitted to the building by ringing the intercom at the door.



Caution in Parking Lot

We are very concerned about your child's safety in the parking lot. PLEASE DRIVE SLOWLY when entering the church area. The speed limit is **5 mph**. Please be sure to look for running or walking children. There are many children who use this facility and they may not see you. Please keep a hand on your child at ALL times in the parking lot!!! Thank you for your help with this matter.

Snacks

Every school day, families will be assigned "snack days." Please watch your child's calendar closely to see when you are responsible for bringing in **an individually wrapped** snack for your child's classroom. PLEASE NOTE: We will not be able to accept homemade snacks.

Please check with your child's teacher to see how many children there will be in the class, and if any of the children in the classroom have allergies to specific foods. The teachers will include the schedule of who provides snacks on their class calendar. Many families place the calendar on their refrigerator. This way children, as well as parents, can look ahead to special days.

If there is an allergy in your child's classroom, please be sure to check the ingredient list carefully. Many snacks are made in a factory that processes nut products.

You do not need to provide a drink. Hilltop will provide water to each student each day and all paper products are provided by Hilltop as well.

Giant Foods Gift Cards

This is a wonderful way for you to do your normal, weekly grocery shopping while helping Hilltop at the same time. How the program works is that you simply stop in the Hilltop office and purchase Giant Foods gift cards (we do accept credit cards for these purchases as well!). We sell them in denominations of \$10, \$20, \$25, \$50 and \$100. Whatever amount you pay, you get the same amount back to spend at the store--the same as cash. Hilltop then receives 5% of all gift card purchases from the stores!!! Think of the money that could be raised at Hilltop if each family gave 5% of their weekly grocery bill to Hilltop. This program allows you to do that without losing any of your hard-earned cash. Stop in the office to purchase your Giant Foods gift cards today!!

Health Policy

The health and safety of the children in our care is of utmost importance to us. That is why we have developed the following health policy.

We will keep an emergency card on file for each child with pertinent information. If your child should become sick while at school, you will be notified immediately. If you are not available, we will contact the emergency numbers you have provided. We expect that you or another authorized adult will pick up the child promptly. Please be sure to keep all medical information and emergency numbers current by notifying the nursery school office of any changes. If a child has been ill within the last 24 hours and has experienced nausea or vomiting, diarrhea, a fever, a heavy nasal discharge, a constant cough, or symptoms of possible communicable diseases (such as pink eye, head lice, chicken pox, etc.), he or she should not be brought to school. Your child's classmates do not need the exposure to any of these ailments. Also in an effort to prevent exposing other children in our care to communicable diseases, it is requested that you notify the director if your child develops symptoms of a communicable disease. This would be particularly important if your child attended school during the incubation period for the communicable disease. In addition, if your child's illness will prevent the child from participating comfortably in the activities routinely presented at school, or if the child's illness requires more care than the Hilltop staff can give, the child should remain at home for the day. Even extreme tiredness can make a day at school miserable for a child.

We will be going outside as often as possible, even in cold weather, so if you feel your child is too sick to go outside, than that would be a good time to keep him/her home also. Thank you for your help.

COVID-19 Protect yourself and loved ones
Help prevent the spread of respiratory diseases like COVID-19

- + WASH YOUR HANDS**
Wash your hands with soap and warm water regularly.
- + COVER A COUGH OR SNEEZE**
Cover your cough or sneeze with your sleeve, or tissue. Dispose of tissue and wash your hands afterward.
- + DON'T TOUCH**
Avoid touching eyes, nose or mouth, especially with unwashed hands.
- + KEEP YOUR DISTANCE**
Avoid close contact with people who are sick.
- + STAY HOME**
If you experience respiratory symptoms like a cough or fever, stay home.
- + GET HELP**
If you experience symptoms of COVID-19 (cough, fever, shortness of breath), call your health care provider or local health department before seeking care.

MORE INFORMATION
Follow the California Department of Public Health @calpublichealth and www.cdph.ca.gov/covid19